

How COMMUNITY PLAYGROUPS BENEFIT LOCAL COMMUNITIES

Playgroups:

- Are one of the most affordable regular activities parents can do with their children
- Encourage a sense of belonging, identity and social inclusion
- Reduce the social isolation of families with young children in their local community
- Offer sustainable and affordable local places for families with young children to meet
- Promote social competence for children and families
- Contribute to creating child-friendly communities where children and families are valued
- Contribute to improved developmental outcomes for young children
- Increase parents' knowledge of relevant community services
- Playgroup committee members develop transferrable skills that can be used in other local committees
- Contribute to community health and resilience
- Build social capital

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